**Study Strategies**

**Begin reviewing early**
This will give your brain time to get comfortable with the information

**Conduct short daily review sessions**
You can ease into a more intense review session prior to major exams

**Read text assignments before lectures**
This will help you identify concepts that the professor considers important and that are already somewhat familiar

**Review notes immediately after lectures**
This will help you identify information that you do not understand while the lecture is still fresh in your memory--and other students' memories as well. When you review immediately, you'll have time to clarify information with other students

**Review with a group**
This will enable you to cover important material that you may overlook on your own

**Conduct a major review early enough** to allow for a visit to the instructor during his office hours if necessary

**Break up the study tasks into manageable chunks,**especially during major reviews prior to exams.
Studying three hours in the morning and three in the evening will be more effective than studying at a six hour stretch. Studying while you are mentally fatigued is usually a waste of time

**Study the most difficult material when you are alert**